



HOW TO ROAST BRUSSELS SPROUTS



Serves: 4



Prep Time: 10 minutes
Cook Time: 17 minutes

INGREDIENTS

- 2 Tbsp. extra virgin olive oil
- 2 cloves garlic, minced
- 1 lb trimmed & halved Ocean Mist Farms Brussels sprouts
- Salt & pepper, to taste
- Juice of 1 lemon



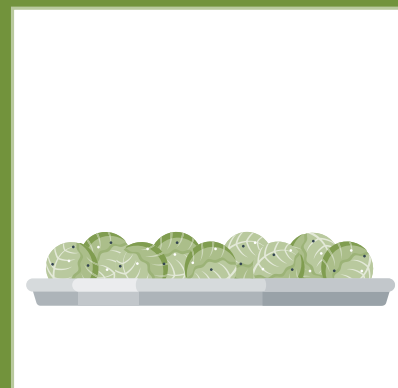
PREHEAT

Oven to 400° F.



MIX

All ingredients together in a large bowl.



SPREAD

Evenly on a baking sheet.



ROAST

15-17 minutes until tender, then serve.



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